



Sadie is an International performing artist, instructor and choreographer who is recognized worldwide as one of today's most exciting and talented Belly Dancers. First seen as a "Rising Star" on BD-TV Vol.II in 2004, Sadie now teaches and performs across the globe, has over a dozen instructional and performance videos on the market and

www.sadiebellydancer.com

is one of the highest viewed Belly Dancers on YouTube with over three million hits. She began practicing belly dance nearly a decade ago. Sadie has studied with many reputable Middle Eastern dance and music teachers from around the world. Some of the most influential moments in her education include two extended trips to Turkey where she studied and observed the dance in its culture. Sadie's lifelong love for dance, music and culture has prompted her to explore and study other forms of world dances such as, Brazilian Samba, Salsa, Hip-Hop, Tahitian, Hula and Flamenco with a dedication to foundation training in Ballet and Jazz. This background has given Sadie a style that is uniquely hers and a great command of movement and dance that comes to life not only in her inspiring performances but also in her gift to teach. Based out of Denver, CO, when Sadie is not traveling she can be found teaching her ongoing weekly classes as well as dancing at some of the city's finest restaurants, nightclubs and events where she has performed over 300 shows in one year.

WORKSHOP CURRICULUM

SATURDAY - "ARABIC POP" Who doesn't love the fun and lively Arabic Pop song? In this workshop Sadie will hi-light many of the traditional Egyptian moves and add some zest and variety to give you a fresh and exciting pop choreography.

"DIVA WITHIN" We all have a stage presence. Does yours say what you want it to? Learn how to own your stage and command an audience. There really are tips and techniques for making this possible. Clearly convey your emotions and set a mood, reach your audience, exchange energy, learn about your most powerful tools for accomplishing these tasks.....like your eyes and your body language! Learn how levels, spatial planes and how different areas of the body when focalized, automatically set a feeling.

SUNDAY - "DRUM SOLO SECRETS" In this workshop Sadie will take you through a series of exercises and drills that will break down her technique and her drum solo secrets like "Pops" and "Locks" to help you develop sharper more defined isolations necessary for fast drum solo choreographies.

"DRUM SOLO CHOREOGRAPHY" Experience the full potential of a Drum Solo. Sadie does not skip a beat. Learn how to apply the "Drum Solo Secrets" in one of Sadie's stellar Drum Solo choreographies.

TIMES AND LOCATIONS

Workshop Saturday, Aug 23

WOLSTEIN CENTER

2000 Prospect Ave
 Cleveland, Ohio 44115

www.WolsteinCenter.com

9:00 AM –10:00 AM – Registration & Shop
 10:00 AM -12:00 PM – Class with Sadie
 12:00 PM – Lunch (provided)
 1:30 PM – 3:30 PM – Class with Sadie

Evening Show Saturday, Aug 23

WOLSTEIN CENTER

7:00 PM – Doors open
 8:00 PM – Show starts

**Cash Bar, Coffee, Snacks and Pastry available.

Workshop Sunday, Aug 24

LET'S DANCE CLEVELAND

23366 Commerce Park Drive
 Beachwood, Ohio 44122

10:30 AM Registration
 11:00 AM – 1:00 PM – Class with Sadie
 1:00 PM – 2:30 PM – **Lunch ON YOUR OWN**
 2:30 PM – 4:30 PM – Class with Sadie

NOTE NO VIDEO CAMERAS DURING THE WORKSHOPS OR THE SHOW. THE VIDEO OF THE SHOW WILL BE MADE AVAILABLE TO WORKSHOP PARTICIPANTS ONLY.

NO OBSERVERS.
 NO REFUNDS.

VENDORS

AUDRENA'S INTERNATIONAL, KAMILA'S COSTUMES, SHEHEREZADE IMPORTS

REGISTRATION — Make checks payable to: Cassandra Alwarda, 1408 Cranover Rd., Lyndhurst, Ohio 44124 /216-970.6153 **ONLINE** www.WindandSand.com

Name: _____	SATURDAY, AUG 23 (includes lunch)	SUNDAY, AUG 24 (lunch on your own)	BOTH DAYS
Address: _____	_____ \$75 by 8/1/08	_____ \$65 by 8/1/08	_____ \$120 by 8/1/08
City: _____ State: _____ Zip: _____	_____ \$85 after 8/1/08 and at door	_____ \$75 after 8/1/08 and at door	_____ \$140 after 8/1/08
Phone: _____ Email: _____	SHOW TICKETS _____ \$12 by 8/1/08 (\$15 at door) n/c to performers. Advance tickets will be held at the door.		